



Our Annual New Year's Conference

Practical Spirituality

Edgar Cayce's Step-by-Step Guide to Soul Growth



Sunday December 29	TIME	Monday, December 30	Tuesday, December 31	
<p>Welcome to Edgar Cayce's A.R.E.!</p>  <p><i>Please hold questions until the end of the speaker's presentation(s).</i></p> <p>1:15-2:15 pm Registration and Get Acquainted Mixer</p> <p>2:15 pm Orientation & Welcome</p> <p>2:30-4:00 pm The Power of Affirmations M.E. Hart, JD</p> <p>4:00 pm An Update on the Edgar Cayce Work Kevin J. Todeschi, MA</p> <p>5:00 pm <i>Dinner and Free Time!</i></p> <p>7:00-8:30 pm Knowing and Living Your Ideal Lora Little, EdD</p>	9:00 am	Importance of Meditation and the Lord's Prayer Judith Stevens	7:00-8:00 am World Peace Meditation Ellen Cayce 8:00-8:45 am Dances of Universal Peace Ellen Cayce The Seven-Year Cycle, the Body Temple, and You Adrian E. Castillo, L.M.T.	
	10:20 am	<i>Energy Break!</i>		
	10:40 am	Meditation Workshop Judith Stevens	<i>...Continuation</i>	
	Noon	<i>Staff Meditation (noon), Lunch & Free Time!</i>		
		Optional Life Member/Study Group Lunch* (Copeland Dining Room) *Self-Pay. Order Lunch at Registration Check-in		
	2:00 pm	Know Thyself: Returning to Wholeness Karen Boldt	<p>OPTIONAL ACTIVITIES:</p> <ul style="list-style-type: none"> 2:00 pm Cayce Movie & 2:30 pm A.R.E. Tour 2:00-3:30 Study Group Activity North Porch 2:00 & 3:15 pm ECF/Archives Tour* Jessica Newell 2:00 pm Nature Walk Vickie Shufer, MS (<i>Meet in Lobby</i>) 3:30 pm Survey Lecture Or free time for a spa treatment <p><i>*Attendance is limited, please sign-up early!</i></p>	
	3:30 pm	<i>Energy Break!</i>		
	3:45 pm	<i>...Continuation</i>	<i>Free Time!</i> Or Optional Activities 4:30-6:00 pm Friends of A.R.E. Camp Mtg 6:00 pm A.R.E. Camp Potluck (Copeland)	
	5:00 pm	<i>Dinner & Free Time!</i>		
		7:00-8:30 pm	Walking the Sacred Path M.K. Welsch	7:00 pm Luminary Prayer Circle (Meditation Room) 8:00-11:30 pm A.R.E. New Year's Eve Party with Dance Music by DJ Deosil 11:30 pm New Year's Meditation Led by: Judith Stevens

HOURS: Bookstore: Fr-Sa 10a-9:30p, Su Noon-5p. Library: Fr-Sa 10a-5p, Su Noon-5p. Café: Fr-Sa 10a-3p, Su Closed.

The Wyndham Shuttle is unavailable during this program. Absolutely no photographs or video recording of speaker presentations or slides. Thank you.